

USE OF INHALATION CHAMBER WITHOUT FACE MASK



The child may be sitting or standing.

Steps to follow

1. Uncover the inhaler, place it upright (L-shaped) and shake for about 5 seconds.
2. Place the inhaler in the inhalation chamber.
3. Place the nozzle of the inhalation chamber in the child's mouth so that he/she can grasp it with his/her teeth and close his/her lips on the piece.
4. Tap and try to get the child to do one of the following actions:
 - a. Breathing through the nozzle: 5 breaths, slow and a little deep.
 - b. Take a deep breath and hold your breath for 5 to 10 seconds. You can take a deep breath again and hold your breath again.
5. If more doses are needed, wait about 30-60 seconds for the next pulse and repeat steps 1 to 5.
6. Cover the inhaler and store it in a dry place.
7. Rinse water and expel it.

Also remember that:

- Do not shake the inhaler with the camera.
- The time between shaking the inhaler and the child inhaling should be kept to a minimum.
- You need to check if the child is moving the valve.
- The child should not breathe too fast.

Chamber cleaning

The chamber is disassembled and cleaned weekly with water and household soap.

How to avoid the electrostatic effect (there are chambers where this is not necessary).

The electrostatic effect decreases the amount of medication available. It can be avoided in two ways:

- 1.- If the chamber is new: 4-6 pulses of salbutamol are made in the chamber, and shortly after, it is opened for ventilation, and it can be used.
- 2.- Wash it with water and household soap. Once clean, soak for 1 minute in water and 1-2 drops of soap. It should not be rinsed. Allow to air dry.

How to know when the inhaler is empty

- If the inhaler has a dose counter, check it regularly.



- If no dose counter is available:

Remove the cartridge from the container and place it in a container with water:

