

USE OF DRY POWDER INHALATORS

The child may be sitting or standing.

Steps to follow

1. Remove the protective cap or housing to open the inhaler.
2. Keep the inhaler in the proper position: vertical if it is Turbuhaler® and horizontal if it is Novolizer®.

With the Easyhaler® the inhaler should be shaken.

3. Load the dose:



Turbuhaler®: Turn the base of the inhaler, first to one side until it reaches the top, and then turn to the other side until you hear a click.



Accuhaler®: Move the lever until the numbering of the remaining dose changes.



Novolizer®: Press the dosing button hard until you hear a click and the color of the window changes from red to green.



Easyhaler®: Press the dosing button with the inhaler upright until you hear a click.

4. Remove all air from the lungs (not over the inhaler).

5. Place the nozzle between your teeth (gripping it with your teeth) and close your lips on the piece.
6. Inhale through the inhaler quickly and deeply. With Novolizer® you have to feel a click.
7. Hold your breath for about 5-10 seconds.
8. If more than one dose is to be given, wait about 30 seconds and repeat steps 2 to 7.
9. When finished, rinse with water. You don't have to swallow the water, you have to get it out.
10. Cover the inhaler and store it in a dry place.

Also remember that:

- You should always monitor the remaining doses.
- These types of inhalers should not be shaken, except Easyhaler®.
- With the Turbuhaler®, if you don't remember if you loaded the dose, you can do it again, nothing happens. You will not inhale twice as much medication by reloading it.

Cleaning

Clean the nozzle with a dry cloth.

Dose control

Check the counter periodically.

