USE OF THE INHALATION CHAMBER WITH FACE MASK

Before using the inhalation chamber with a mask, it is recommended for the child to become familiar with it. Let him have it in his hands, play with it, and even have a doll do the treatment (if he's old enough to do it).

The child can sit or lie down in the position which is most comfortable and calm for him.

Steps to follow:

1. Uncover the inhaler, place it upright (L-shaped) and shake for 5 seconds.

2. Fit the mask on the baby's / childs face, making sure to close over the nose (not necessary until 18 months) and that he breathe through the mouth.

3. Tap

4. Keep the mask well fitted to the child's face and make sure he or she is taking at least 5 breaths.

5. If more doses are needed, wait 30-60 seconds for the next pulse and repeat steps 1 to 5.

6. When finished, wash the childs face with water.

7. Cover the inhaler and store it in a dry place.

Also remember that:

• Do not shake the inhaler with the camera.

• The time between stirring the inhaler and the child inhaling should be kept to a minimum.

• You need to check if the child is moving the valve with their breathing (if they do, it is correct).

• Do not let the child press the inhaler.

• It is much better to be quiet or sleeping than crying.

Chamber cleaning
The chamber is disassembled and cleaned weekly with water and household soap.

How to avoid the electrostatic effect (there are chambers where this is not necessary). The electrostatic effect decreases the amount of medication available. It can be avoided in two ways:

1.- If the chamber is new: 4-6 pulses of salbutamol are made in the chamber, and shortly after, it is opened for ventilation, and it can be used.

2.- Wash it with water and household soap. Once clean, soak in water and 1-2 drops of soap for 1 minute. Do not rinse. Allow to air dry.

How to know when the inhaler is empty

- If the inhaler has a dose counter, it should be checked periodically.

- If no dose counter is available:
  Remove the cartridge from the container and place it in a container with water: